Why You Should Care About Women’s Rights Movements

BY SIERRA ANDREW

“Culture does not make people. People make culture. If it is true that the full humanity of woman is not in our culture, then we can and must make it our culture.” - Chimamanda Ngozi Adichie

Women’s rights isn't entirely about choosing to shave or not. It’s not all about opposing chivalry. It’s not even about burning bras. It's about protecting the right for women to choose what they wish to do with their bodies and their lives. While Feminists, Womanists, and other women’s rights advocates don’t agree on every platform, they all believe in choice. Women’s rights movements are about recognizing agency and autonomy in a world where most women are conditioned by patriarchy to think that they are an extension of men.
Sexism, misogyny, and patriarchy devalue all genders alike and promote class and racial disparities based on the belief that someone is greater than the other. Women’s movements exist because there are women in this world who are restricted from education. Women are statistically more likely to be victims of sexual violence. The economy still encourages a gendered wage gap. When women are harassed, it either “did not happen” or we “brought it on” ourselves. Women of color make up the majority of people living in poverty. There are politicians in office who have sexually assaulted women and still have supporters. Women’s rights advocates raise attention to thousands of women who are stolen into sex trafficking annually. All of these factors work to keep women in subordinate positions and allow inequality to surface in the classroom, workplace and in the home.

March is Women’s History Month. I encourage you to the time to engage with text written by courageous women that have challenged the pace of global patriarchy such as Anne Frank, Frida Kahlo, Angela Davis, Malala Yousafzai, and Hilary Clinton. Creating a culture of women’s advocacy begins as an individual effort.

Beyond Diversity: A conversation about race, inclusivity, and higher education

Tracy Lachica Buenavista is an Associate Professor in the Department of Asian American Studies and a core faculty member in the Doctoral Program in Educational Leadership. She also serves as the co-principal investigator for the CSUN DREAM Center. Professor Buenavista teaches courses on race and racism, immigration, and research methods. In her research she uses critical race theory to examine how education, immigration and militarization shape the contemporary experiences of Filipinxs in the U.S.

RSVP preferred: diversity-panel.eventbrite.com
When: Wednesday, March 7
Time: 5:00pm to 7:00pm
Location: CHASS Interdisciplinary South, 1113

Hot off the Presses:
Sang Hee Lee
Book signing and reception with Sang-Hee Lee, author of the international bestseller Close Encounters with Humankind.

When: Thursday, March 1
Time: 6:00pm to 7:30pm
Location: Cellar Door Books
5225 Canyon Crest Dr. Suite 30 Riverside, 92507 United States
RSVP required for this event: sangheele.eventbrite.com

Footsteps to You: Chattel Slavery exhibition
This exhibition of original artifacts from the collection of Jerry Gore encompasses a specific portion of the era of Enslavement in the United States.

3/2, 3/5-3/7 from 11:00am to 4:00pm at Rivera Library, Special Collections - Reading Room

"It's about protecting the right for women to choose what they wish to do with their bodies and their lives."
Cultivating Minds: The Role of Motivation and Encouragement on Academic Success

BY DANIEL CASTANEDA

Last quarter, I was a tutor at a local high school, and in assisting students, I found that I was learning how to be a better student. I would like to share a portion of my reflection:

As a tutor, I am uniquely positioned to affect the development of the students I work with beyond the course that they are taking. Essentially, my role is to help the students understand the material but also learn to appreciate it. When students are exposed to the material for the first time in class, unless they have an affinity, they often tend to not be energized by the learning. However, I have begun to cultivate an excitement for history among several AP European History students. When we talk about the material, and I attempt to help them draw connections, I see that they are becoming more engaged with the material. I utilize strategies that challenge the students to begin to retell history. In describing monarchies, I do not simply let them say that they understand or “get it.” Instead, I challenge them to explain the material back to me. I believe that by inviting the student to become an active participant in their own learning experience, they become more independent and are willing to critically examine the material as they grow. I share this not necessarily because I think we all need to be tutors (but I would encourage that you try it once before you graduate!). Instead, working with these students challenged me to identify strategies in my own learning. In these tutoring sessions, I took away two major lessons that I would like to share with you today:

1. **For each study session, you must set a few learning goals:**
   a. Take time, before you begin studying, to decide what you would like to accomplish. It does not have to be a monumental achievement (say memorizing all 100 terms), but it can be that you solidly understand 20 terms.

   b. Throughout the quarter, set weekly/monthly/quarterly goals that provide a direction for success!

2. **You must find and commit to methods that check your learning along the way.**
   a. When you set your learning goals, hold yourself accountable by writing them down and reviewing them before you study. Some people find it helpful to tell someone. Others like to have it somewhere personal (like a phone/notebook). Whichever method you choose, be sure to review your goals regularly and make them time bound. If you are not achieving your goals, it could be that your goals are too ambitious for the time frame, or as happens with many of us, we did not stick to the routine.

   b. Beyond meeting the goals in a superficial sense, you also need to make sure that you acquire the material and can respond to questions (e.g. describe/explain/analyze/compare & contrast/etc.) in detail. Challenge yourself to use resources like Quizlet, a supportive friend, a classmate, or others to hold you to truly learning the materials versus shallow memorization.
Campus Apartments Resident Association

Do you want to get involved in your community? Do you have ideas for facility improvements? Come and join our weekly meetings at the Falkirk Pool House!

The general meeting is on Tuesdays from 7:00pm to 8:00pm. We hope to see you there!

Follow us on social media:

Facebook: UCR Campus Apartment Resident Association

Instagram: ucr_cara
Calendar of Events

*Please note that the times and locations may change.

March On!
Rejuvenate the spirit before finals week.
Bannockburn Pool
3/1/18 @ 6:00 PM

Let’s Talk About Values!
Come participate in an interactive activity about the importance of values!
Falkirk Pool House
3/1/18 @ 6:30 PM

Punch Out Stress!
Take a break from studying and come de-stress!
Glen Mor Building L. Study Lounge
3/1/18 @ 7:00 PM

Sound Asleep
Learn about the importance of sleep and better ways to manage it!
Stonehaven Pool area
3/1/18 @ 7:00 PM

Make Churron’ friend!
Enjoy a game of speed friending with community members and enjoy some free churros!
Oban Pool House
3/2/18 @ 5:30 PM

Succulents don’t Suck!
In this program, residents will be able to decorate and pot their own succulents while learning more about the R’Garden and benefits it can provide to UCR students!
Bannockburn J102
3/5/18 @ 8:15 PM

Picture Perfect Room
Take Polaroid Pictures with Friends and Decorate your Room!
Plaza Pool House
3/5/18 @ 6:00 PM

Treat Yourself!
Decorate a cupcake, grab a cup of hot coco and relax! Free testing materials!!
Glen Mor G Building Lobby
3/5/18 @ 6:00 PM

Career Conundrum
Sewing by to our Career Conundrum to learn about professional etiquette and job opportunities in preparation for life after college.
Falkirk Poolhouse
3/5/18 @ 8:00 PM

Make S’more Friends
A fun and easy way to build friendships with residents.
Oban Pool House
3/6/18 @ 6:00 PM

How do you define your identity?
Discover your identity through a Sweet Treat!
Glen Mor E Building Balcony (3rd floor)
3/6/18 @ 7:30 PM

Nurture Nature
Plant your seeds now, "reap" your rewards later by learning about sustainability!
Glen Mor Pool
3/6/18 @ 7:00 PM

Save the Environment with DIY tote bags!
Join us in the fight to reduce waste by decorating your own reusable tote bag!
Glen Mor E-building 3rd Floor Terrace
3/6/18 @ 8:00 PM

DIY Pins & Key chains!
Come make your own super adorable shrinky dink pins and key chains!
Falkirk Pool House
3/7/18 @ 7:00 PM

Murder Mystery Dinner
Residents will come and sit down for a late dinner while trying to figure out who was murdered and by whom.
Bannockburn J102
3/7/18 @ 8:00 PM

Let’s Taco Bout Marijuana
Residents can come and learn the impacts of marijuana.
Stonehaven Lobby
3/7/18 @ 7:00 PM

We All Fit in Falkirk
Get to know your neighbors on a deeper level.
Falkirk Pool House
3/8/18 @ 7:00 PM